



LEADER PROGRAM

SPECIALIZED
SERVICES
FOR FIRST
RESPONDERS



When an emergency happens, police officers, firefighters, active/reserve military, EMTs, as well as other first responders rush to help, regardless of the physical and mental health risks they may face. We understand that first responders endure unique on-duty and personal stresses while also facing many obstacles in seeking help for themselves. The experts within the LEADER (Law Enforcement, Active Duty, Emergency Responder) Program at McLean Hospital are here to help.

Our goal is to work with you to address your individual needs, allowing you to return to your family, career, and community as quickly as possible. Our highly trained staff provide discreet and specialized mental health and addiction services, designed specifically for men and women in uniform.

What we treat:

- Substance use disorder
- Stress
- Trauma
- Post-traumatic stress disorder (PTSD)
- Depression and anxiety
- Mood disorder

What we offer:

- Inpatient services
- Residential treatment
- Outpatient services, including individual and group treatment
- Badge-only AA meeting
- Exclusive access to the LEADER consultation team
- Priority access to all other McLean mental health specialty programs throughout our campus

Eligibility:

Men and women first responders, including police officers, firefighters, EMTs, department of corrections officers, federal agents, and active and reserve military members are eligible for the LEADER Program. Veterans who have been deployed within the last 24 months are also eligible.

"The LEADER program allowed me to address the issues I was having on the job and in my personal life. Today, I feel like myself again. I'm a better police officer, colleague, husband, and father because of LEADER."

Recent graduate of LEADER

"The LEADER staff understood my needs and never made me feel like I couldn't ask for help when I needed it. I am grateful to the staff and the other men and women in the program for all of the support. It was just what I needed."

Recent graduate of LEADER

For additional information or to make a referral to LEADER, please visit mcleanhospital.org/leader or call 617.855.3141